

# Adding important information to your NHS Summary Care Record



You already have a Summary Care Record (SCR).

Your SCR has important information about your health in it:

- **Medicines** you take
- **Allergies** you have
- Any medicines that make you ill.

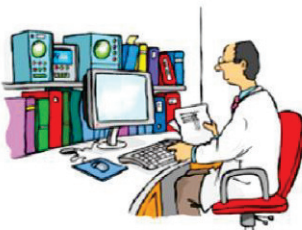


You might need to see a doctor or nurse who does not know you.



If they do not know about your care, your SCR could:

- Stop them making a mistake, because they can see your medicines, allergies or what medicines make you ill
- Help them see your information straight away on a computer.



Doctors and nurses treating you will ask if they can look at your SCR to help them treat you quickly and safely.

## You can choose

You can choose to have other useful information added to your SCR, including:



- Your **illnesses** and any **health problems**
- **Operations** and **vaccinations** you have had in the past
- **How you would like to be treated** – such as where you would prefer to receive care
- What **support you might need**
- **Who should be contacted** for more information about you.

## What to do next

If you think you want to add other useful information to your SCR, talk to your GP practice. They will add it to your SCR and keep it up to date for you.



If there is information you don't want adding, let your GP practice know.

## For more information

- **Talk** to staff at your GP practice
- **Call 0300 303 5678**
- **Visit** <https://digital.nhs.uk/summary-care-records>