THE HUB CARERS DROP-IN





Come along to one of our regular drop-in for carers, meet one of our carer wellbeing workers and chat about how we can support you with information, grants and other sources of help.

Venue: The Hub, Jubilee
Community Centre, Charlwoods
Road, East Grinstead, RH19 2HL

Time: 12:00 pm - 1:30 pm

First Wednesday of each month, starting 2nd February, 2022



Please contact our friendly team to find out more:

Call **0300 028 8888**Email **info@carerssupport.org.uk**Visit **www.carerssupport.org.uk**

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